

B.A. (HONOURS) PSYCHOLOGY

(Three Year Full Time Programme)



COURSE CONTENTS

(Effective from the Academic Year 2011-2012 onwards)

**DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF DELHI
DELHI - 110007**

University of Delhi

Course: B.A. (Hons.) Psychology

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	Paper 2: statistical Methods for Psychological Research-I
	Paper 3: Concurrent – Qualifying Language
Semester II	Paper 4: Physiological Psychology
	Paper 5: Practicum-I
	Paper 6: Concurrent – Credit Language
Semester III	Paper 7: Psychological Research
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Semester IV	Paper 10: Emergence and Growth of Psychology
	Paper 11: Statistical Methods for Psychological Research-II
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	Paper 13: Concurrent – Discipline Centered I
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	Paper 19: Counselling Psychology
	Paper 20: Project/Field Study (Report)/Human Resource Management/ Psychology of Health and Well-Being
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SEMESTER BASED UNDER-GRADUATE HONOURS COURSES

Distribution of Marks & Teaching Hours

The Semester-wise distribution of papers for the B.A. (Honours), B.Com. (Honours), B. Com., B.Sc. (Honours) Statistics and B.Sc. (Honours) Computer Science will be as follows:

Type of Paper	Max. Marks	Theory Exam.	I.A.	Teaching per week
Main Papers	100	75	25	5 Lectures 1 Tutorial
Concurrent Courses	100	75	25	4 Lectures 1 Tutorial
Credit Courses for B.Sc.(Hons.) Mathematics	100	75	25	4 Lectures 1 Tutorial

- Size of the Tutorial Group will be in accordance with the existing norms.
- The existing syllabi of all Concurrent/Credit Courses shall remain unchanged.
- The existing criteria for opting for the Concurrent /Credit Courses shall also remain unchanged.

B.A. (HONS.) PSYCHOLOGY

COURSE DETAILS

SEMESTER -I

Paper 1: Foundations of Psychology

UNIT 1: Perception

- a) Perception: Bottom-up and top-down processing
- b) Role of attention in perception
- c) Principles of Perceptual Organization
- d) Depth Perception
- e) Perceptual Constancies
- f) Illusions
- g) Influence of contexts and expectations on perception

UNIT 2: Learning and Motivation

- a) Nature of Learning
- b) Classical and Operant Conditioning: Principles/processes, Applications
- c) Cognitive influences on learning
- d) Observational Learning
- e) Biological constraints in learning
- f) Functions of motivational concepts
- g) Perspectives on Motivation
- h) Types of Motivations
- i) Motivational Conflicts

UNIT 3: Personality and Self

- a) Nature of Personality
- b) Psychodynamic theories
- c) Type and trait theories
- d) Humanistic theories
- e) Social learning and Cognitive theories
- f) Culture and Personality
- g) Self and identity in Indian thought
- h) Personality Assessment

UNIT 4: Intelligence

- a) Intelligence in historical perspective
- b) Psychometric and Cognitive process approaches to Intelligence
- c) Broader conceptions of Intelligence: Multiple Intelligences, Emotional Intelligence
- d) Measurement of Intelligence
- e) Role of Heredity and Environment in intelligence
- f) Extremes of Intelligence

Reading List:

Ciccarelli, S.K. & Meyer, G.E. (2008). *Psychology (South Asian Ed.)*. New Delhi: Pearson Longman.

Gerrig, R.J. & Zimbardo, P.G. (2010). *Psychology and Life (19th Ed.)*. Delhi: Allyn & Bacon.

Morris, C. G. (1990). *Psychology: An Introduction*. New Delhi: Prentice Hall.

Passer, M.W. & Smith, R.E. (2007). *Psychology: The Science of Mind and Behaviour (3rd Ed.)*. New Delhi: Tata McGraw-Hill

Paper 2: Statistical Methods For Psychological Research-I

UNIT 1:

1. Introduction
 - a. What is Psychological Research?
 - b. Relevance of Statistics in Psychological Research
 - c. Descriptive and Inferential Statistics
 - d. Variables and Constants
 - e. Scales of Measurements
2. Frequency Distributions, Percentiles, and Percentile Ranks
 - a. Organizing Qualitative Data
 - b. Grouped Scores
 - c. The Cumulative Frequency Distribution
 - d. Percentiles and Percentile Ranks
 - e. Computing Percentiles and Percentile Ranks from Grouped Data

UNIT 2:

3. Graphic Representation of Frequency Distributions
 - a. Basic Procedures
 - b. The Histogram
 - c. The Frequency Polygon
 - d. Choosing between a Histogram and a Polygon
 - e. The Bar Diagram and the Pie Chart
 - f. The Cumulative Percentage Curve
 - g. Factors Affecting the Shape of Graphs
4. Central Tendency
 - a. The Mode
 - b. The Median
 - c. The Mean
 - d. Properties of the Mode
 - e. Properties of the Mean
 - f. Properties of the Median
 - g. Measures of Central Tendency in Symmetrical and Asymmetrical Distributions
 - h. The Effects of Score Transformations

UNIT 3:

5. Variability and Standard (z) Scores
 - a. The Range and Semi-Interquartile Range
 - b. Deviation Scores
 - c. Deviation Measures: The Variance
 - d. Deviation Measures: The Standard Deviation
 - e. Calculation of the Variance and Standard Deviation: Raw-Score Method
 - f. Properties of the Range and Semi-Interquartile Range
 - g. Properties of the Standard Deviation
 - h. How Big is a Standard Deviation?

- i. Score Transformations and Measures of Variability
 - j. Standard Scores (z scores)
 - k. A Comparison of z Scores and Percentile Ranks
6. Standard Scores and the Normal Curve
- a. The Nature of the Normal Curve
 - b. Standard Scores and the Normal Curve
 - c. The Standard Normal Curve: Finding areas when the score is known
 - d. The Standard Normal Curve: Finding scores when the area is known
 - e. The Normal Curve as a Model for Real Variables
 - f. The Normal Curve as a Model for Sampling Distributions

UNIT 4:

7. Correlation
- a. Some History
 - b. Correlation: A Matter of Direction
 - c. Correlation: A Matter of Degree
 - d. Calculating Pearson's Correlation Coefficient from Deviation Scores
 - e. Calculating Pearson's Correlation Coefficient from Raw Scores
 - f. Spearman's Rank-Order Correlation Coefficient
 - g. Correlation does not prove Causation
 - h. The Effects of Score Transformations
 - i. Cautions Concerning Correlation Coefficients
8. Random Sampling and Sampling Distributions
- a. Random Sampling
 - b. Using a Table of Random Numbers
 - c. The Random Sampling Distribution of the Mean: An Introduction
 - d. Characteristics of the Random Sampling Distribution of the Mean
 - e. Using the Sampling Distribution of Sample Means to Determine the Probability for Different Ranges of Values of Sample Mean
 - f. Random Sampling Without Replacement

Reading List:

Aron, A., Aron, E.N., & Coups, E.J. (2007). *Statistics for Psychology*. (4th Ed.) India: Pearson Education, Prentice Hall.

King, B.M. & Minium, E.W. (2007). *Statistical Reasoning in the Behavioral Sciences*. (5th Ed.) USA: John Wiley.

Paper 3

Concurrent – Qualifying Language

SEMESTER –II

Paper 4: Physiological Psychology

UNIT 1: Definition, Methods of Physiological Psychology

UNIT 2: Neuron: Structure, types, and Function, Synaptic transmission

UNIT3: Nervous System: Structure and functions of major parts of the nervous system, hemispheric specialization

UNIT 4: Endocrine system: Structure, function and Abnormalities of major glands: Thyroid, Adrenals, gonads, Pituitary, pancreas and pineal glands.

Reading List:

Carlson, N. R. (1990). *Physiology of Behaviour*. Boston: Allyn & Bacon.

Levinthal, C. F. (1983). *Introduction to Physiological Psychology*. New Delhi: PHI.

Levitt, R. A. (1981). *Physiological Psychology*. New York: Holt.

Rozenweig, M. H. (1989). *Physiological Psychology*. New York: Random.

Paper 5: Practicum – I

Psychological Testing

Total 4 tests – at least one from each of the following:

Aptitude

Intelligence

Personality

Evaluation Scheme

Viva

Record

Conduction and report writing

Paper 6

Concurrent - Credit Language

SEMESTER –III

Paper 7: Psychological Research

UNIT 1:

Part A: Beginning Psychological Research

- (a) Goals of Psychological Research
- (b) Formulating a problem and developing a testable hypothesis

Part B: Quantitative and Qualitative Orientations towards Research

UNIT 2: Methods of Data Collection

- (a) Sampling
- (b) Probability Sampling Methods
- (c) Non Probability Sampling Methods

UNIT 3: Non Experimental Methods (I)

- (a) Case Study
- (b) Observation
- (c) Survey

UNIT 4: Non Experimental Methods (II):

- (a) Psychological Testing
- (b) Standardization
- (c) Reliability
- (d) Validity
- (e) Norms

Reading List:

Dyer, C. (2001) *Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.)* Oxford: Blackwell Publishers

Gregory, R.J. (2006). *Psychological Testing: History, Principles, and Applications (4th Ed.)*. New Delhi: Pearson Education.

Murphy, K.R. & Davidshofer, C.O. (2004). *Psychological Testing: Principles & Applications (6th Ed.)* New Jersey: Prentice Hall.

Neuman, W.L. (2006). *Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.)* Boston: Pearson Education.

Paper 8: Practicum – II

Qualitative Research Methods

Total 5 practical – at least one from each of the following:

Survey

Interview

Observation

Projective/ Semi Projective Tests

Evaluation Scheme

Viva

Record

Paper 9

Concurrent - Interdisciplinary

SEMESTER -IV

Paper 10: Emergence and Growth of Psychology

UNIT 1: Basic Issues in Psychology

Each of the issues to be dealt with from the point of view of an East-West Comparison

- a) Issues of Consciousness and Mind Body Relationship
- b) Issue of Determinism and Free Will
- c) Issue of Empiricism and Rationality
- d) Methodological Issues: Introspection to Experimentation to Clinical Approach & Phenomenology

{Note: Eastern perspective will include Yoga & Vedantic view }

UNIT 2: Positivist Thrust: Behaviourism to Cognition

- Developments in behaviourism & neo behaviouristic traditions (a comparison) & the movement towards cognitive psychology.
- *Detailed treatment of particular thinkers within behaviourism & neo-behaviourism is not needed.*

UNIT 3: Analytical-Existential Thrust

10 Marks

- a) Classical Psychoanalysis: Freud, Adler and Jung
- b) Ego Psychology: Erikson

➤ *Each of these theorists in a) & b) to be covered in some detail*

- c) Object Relations
- d) Humanistic & Existential Consciousness: Coming back a full circle

➤ *Detailed treatment of particular thinkers in c) & d) is not needed.*

UNIT 4: Overview of Contributions to the Growth of Psychology

- Contributions of Behaviourism, Gestalt (including Lewin), Cognitive, Psychoanalytic, Humanistic, Existential thinkers & the Eastern thought to the Discipline of Psychology.

Reading List:

Leahey, T.H. (2005). *A History of Psychology: Main currents in psychological thought* (6th Ed.). Singapore: Pearson Education.

Paranjape, A.C. (1984). *Theoretical psychology: The meeting of east and west*. NY: Plenum Press.

Suggested List of Readings:

Lawson, R.B, Graham, J.E. & Baker, K.M. (2009). *History of psychology: Globalization, ideas and applications*. Delhi: Dorling Kindersley (India), Pearson Education .

Pawlik, K. & d'Ydewalle, G. (2006). *Psychological concepts: An international historical perspective*. UK: Taylor Francis.

Viney, W. & King, D.B. (2003). *A history of psychology: Ideas and context*. (3rd Ed.). Boston: Allyn & Bacon.

Wolman, B.B. (1979). *Contemporary theories and systems in psychology*. Delhi: Freeman Book Company.

Paper 11: Statistical Methods for Psychological Research-II

UNIT 1

1. Introduction to Statistical Inference: Testing Hypotheses about Single Means (z and t)
 - a. Testing a Hypothesis about a Single Mean
 - b. The Null and Alternative Hypotheses
 - c. Retention and Rejection of Null Hypothesis
 - d. Procedural Steps for Hypothesis Testing
 - e. Hypothesis Testing about a Single Mean – Calculation
 - f. The Statistical Decision
 - g. Choice of H_A : One-Tailed and Two-Tailed Tests
 - h. Assumptions in Testing a Hypothesis about a Single Mean
 - i. Estimating the Standard Error of the Mean when σ Is Unknown
 - j. The t Distribution
 - k. Characteristics of Student's Distribution of t
 - l. Computing t Using Definitional Formula Only
 - m. Levels of Significance versus p -Values
2. Interpreting the Results of Hypothesis Testing
 - a. A Statistically Significant Difference versus a Practically Important Difference
 - b. Errors in Hypothesis Testing
 - c. The Power of a Test

UNIT 2

3. Testing Hypotheses about the Difference between Two Independent Groups
 - a. The Null and Alternative Hypotheses
 - b. The Random Sampling Distribution of the Difference between Two Sample Means
 - c. Properties of the Sampling Distribution of the Difference between Means
 - d. Determining a Formula for t
 - e. Testing the Hypothesis of No Difference between Two Independent Means
 - f. Use of a One-Tailed Test
 - g. Assumptions Associated with Inference about the Difference between Two Independent Means
4. Testing for a Difference between Two Dependent (Correlated) Groups
 - a. Determining a Formula for t
 - b. Degrees of Freedom for Tests of No Difference between Dependent Means
 - c. Testing a Hypothesis about Two Dependent Means using the formula involving standard errors and correlation only
 - d. Assumptions When Testing a Hypothesis about the Difference between Two Dependent Means

UNIT 3

5. Chi-Square and Inference about Frequencies
 - a. The Chi-Square Test for Goodness of Fit
 - b. Chi-Square as a Measure of Discrepancy between Expected and Observed Frequencies

- c. The Logic of the Chi-Square Test
 - d. Interpretation of the Outcome of a Chi-Square Test
 - e. Assumptions in the Use of the Theoretical Distribution of Chi-Square
 - f. Chi-Square as a Test for Independence between Two Variables
 - g. Calculation of Chi-Square and Determination of Significance in a Contingency Table
6. Testing for Differences among Three or More Groups: One-Way Analysis of Variance
- a. The Null Hypothesis
 - b. The Basis of One-Way Analysis of Variance: Variation within and between Groups
 - c. Partition of the Sums of Squares
 - d. Degrees of Freedom
 - e. Variance Estimates and the F Ratio
 - f. The Summary Table
 - g. Raw-Score Formulas for Analysis of Variance only
 - h. Comparison of t and F
 - i. Assumptions Associated with ANOVA

UNIT 4

7. Some (almost) Assumption-Free Tests (Nonparametric Tests)
- a. Concept
 - b. Comparison with Parametric Tests
 - c. Uses and Applications
8. Introduction to SPSS
- a. What is SPSS?
 - b. Uses of SPSS in Statistics and Research

Reading List:

Aron, A., Aron, E.N., & Coups, E.J. (2007). *Statistics for Psychology* (4th Ed). India: Prentice Hall .

Coakes, S. J., Steed, L., & Ong, C. (2009). *SPSS: Analysis Without Anguish Using Version 16.0 for Windows*. Milton, QLD: Wiley Students Edition.

Field, A. (2009). *Discovering Statistics using SPSS* (3rd Ed). New Delhi :Sage.

King, B.M. & Minium, E.W. (2007). *Statistical Reasoning in the Behavioral Sciences* (5th Ed).USA: John Willey.

Siegal, S. (1956). *Nonparametric Statistics*. NY: McGraw Hill.

Paper 12: Social Psychology

UNIT 1: Introduction

Definition, Nature, Origin and Development. Social Psychology in Indian context. Applications.

UNIT 2: Understanding and Evaluating the Social World

Social cognition, Perception, Attitudes and Attitudes change.

UNIT 3: Aspects of Social Interaction and Influence

Interpersonal attraction. Prosocial behavior, Aggression. Changing others behavior.

UNIT 4: Group Dynamics and Intergroup Relations

Nature of groups, Consequences of belonging-performance, decision making, cooperation and conflict. Nature of intergroup relation-prejudice, intergroup conflict, Intervention techniques.

Reading List:

Baron. R.A. , Byrne, D.& Bhardwaj. G (2010).*Social Psychology* (12th Ed).New Delhi: Pearson

Deaux.K & Wrightsman, L. (2001).*Social Psychology*. California: Cole Publishing

Misra, G. (1990) .*Applied Social Psychology*. New Delhi: Sage.

Misra, G. (2009). *Psychology in India, Volume 4: Theoretical and Methodological Developments (ICSSR survey of advances in research)*. New Delhi: Pearson.

Taylor,S.E., Peplau,L.A. & Sears,D.O. (2006). *Social Psychology* (12th Ed). New Delhi: Pearson.

Paper 13

Concurrent – Discipline Centred I

SEMESTER -V

Paper 14: Industrial /Organizational Psychology

UNIT 1: Introduction and issues in I/O Psychology

Brief history of I/O psychology; Industry and Organization; Organizational Behavior; Current status of I/O psychology; I/O psychology in the Indian context; Organizational structure; Organizational climate and culture

UNIT 2: Introduction to Work Related Attitudes & Work Motivation

- (a) Job satisfaction; Job involvement; Organizational Commitment; Organizational Citizenship Behavior; Psychological Contract; Work Engagement
- (b) Work Motivation: Theories and application; Indian perspective

UNIT 3: Leadership

Contemporary perspectives on leadership; Cross-cultural leadership issues; Indian perspective on leadership; Diversity issues in leadership

UNIT 4: Positive Organizational Behaviour

Optimism, Emotional Intelligence; Self-Efficacy; Work-Life balance

Reading List:

Aamodt, M. G. (2001) *Industrial Organizational Psychology*. India: Cengage Learning

Greenberg, J. & Baron, R.A. (2007). *Behaviour in Organizations* (9th Ed.). India: Dorling Kindersley.

Luthans, F. (2009). *Organizational behavior*. New Delhi: McGraw Hill.

Muchinsky, P.(2006). *Psychology applied to work: An introduction to industrial and organizational psychology*. NC: Hypergraphic Press.

Pareek, U.(2010). *Understanding organizational behaviour*. Oxford: Oxford University Press.

Prakash, A. (2011). Organizational behaviour in India: An indigenous perspective. In G. Misra (Ed.), *Handbook of Psychology*. New Delhi: Oxford University Press.

Singh, K. (2010). *Organizational Behaviour: Texts & Cases*. India: Dorling Kindersley.

Paper 15: Abnormal Psychology-I

UNIT1: Definition of abnormality, criteria, classification, and clinical assessment

UNIT2: Clinical States

- a) Clinical Picture of GAD, OCD, and Phobias, Dynamics of anxiety disorders;
- b) Clinical Picture of Conversion Disorder and its Dynamics;
- c) Clinical Picture of Dissociative Identity Disorder and its Dynamics

UNIT 3: Developmental Disorders (Clinical Picture and Dynamics)

Mental Retardation, Autism, ADHD, and Learning Disabilities

UNIT4: Diathesis-Stress Model

- a) The Impact of Stress on Physiological Parameters (Coronary Heart Disease and Essential Hypertension)
- b) Substance-Related Disorder

Reading List:

Ahuja N. (2011). *A Short Textbook of Psychiatry* (7th Ed). New Delhi: Jaypee

Barlow D.H. and Durand V.M. (2005). *Abnormal Psychology: An Integrated Approach* (4th Ed.).Wadsworth: New York.

Carson R.C., Butcher J.N., Mineka, S., & Hooley J.M. (2007). *Abnormal Psychology* (13th Ed.).ND: Pearson Education.

Kring,A.M.,Johnson,S.L.,Davison G.C. & Neale J.M. (2010). *Abnormal Psychology* (11th Ed.).NY: John Wiley.

Paper 16: Practicum-III

- One experiment based on group data analysis
- One test based on group data analysis

Evaluation Scheme

Viva

Record

Conduction and report writing

Paper 17: Child and Adolescent Development

UNIT 1: Introduction

- a) Nature of Development and related terms
- b) Theories and themes of Developmental Psychology
- c) Research methods and designs for studying development
- d) Development in the Indian context

UNIT 2: Periods of Development

- a) Prenatal development
- b) Birth and Infancy
- c) Early childhood
- d) Middle childhood
- e) Adolescence

UNIT 3: Domains of Development

- a) Cognitive development: perspectives of Piaget and Vygotsky
- b) Language development: issues and debates
- c) Emotional development
- d) Personality development
- d) Moral development

UNIT 4: Contexts for development

- a) Family and parenting
- b) Peers
- c) Media
- d) Schooling
- e) Socio-cultural context.

Reading List:

Berk, L. E. (2010). *Child Development* (8th Ed.). New Delhi: Prentice Hall.

Mitchell, P. and Ziegler, F. (2007). *Fundamentals of development: The Psychology of Childhood*. New York: Psychology Press.

Misra, G. (2009). *Psychology in India, Vol 1: Basic Psychological Processes and Human Development*. India: Pearson.

Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). *Human development* (9th Ed.). New Delhi: McGraw Hill.

Santrock, J. W. (2008). *Child Development* (11th Ed.). New Delhi: McGraw Hill.

Santrock, J.W. (2006). *Adolescence*. New Delhi: McGraw Hill.

Saraswathi, T.S. (2003). *Cross-cultural perspectives in Human Development: Theory, Research and Applications*. New Delhi: Sage Publications.

Srivastava, A.K. (1997). *Child Development: An Indian Perspective*. New Delhi: NCERT.

SEMESTER -VI

Paper 18: Abnormal Psychology-II

UNIT1: Schizophrenia: Clinical Picture and Dynamics

UNIT2: Mood Disorders: Clinical Picture & Dynamics

UNIT3: a) Personality Disorders (Clinical Picture and Dynamics): Antisocial and Borderline Personality Disorders

b) Sexual Disorders (Clinical Picture): Paraphilias, Gender Identity Disorder, Sexual Dysfunction

UNIT4: Intervention and Management

- a) Biological
- b) Psychoanalytic
- c) Cognitive-Behavioural

Reading List:

Ahuja N. (2011). *A Short Textbook of Psychiatry* (7th Ed). New Delhi: Jaypee.

Barlow D.H. and Durand V.M. (2005). *Abnormal Psychology: An Integrated Approach* (4th Ed.).Wadsworth: New York.

Carson R.C., Butcher J.N., Mineka, S., & Hooley J.M. (2007). *Abnormal Psychology* (13th Ed.).ND: Pearson Education.

Kring,A.M.,Johnson,S.L.,Davison G.C. & Neale J.M. (2010). *Abnormal Psychology* (11th Ed.).NY: John Wiley.

Paper 19: Counselling Psychology

UNIT 1: Introduction

- a) Definition and nature
- b) Counselling as a profession-Training, activities and professional ethics
- c) The effective counsellor- Personality characteristics, skills, self of counselor

UNIT 2: Counselling Process

- a) Stages of counselling
- b) Counselling relationship
- c) Initial interview
- d) Assessment for counselling

UNIT 3: Counselling Theory and Techniques

- a) Individual counseling theory and techniques- Psychoanalytic, Humanistic, Behavioral, Cognitive, Brief approaches
- b) Group techniques
- c) Multi-cultural techniques with special reference to Indian techniques such as yoga and meditation
- d) Counselling and technology

UNIT 4: Counselling Applications

- a) Family and couples counselling
- b) Child Counselling
- c) School and Career counselling
- d) Workplace Counselling
- e) Crisis intervention
- f) Counselling for wellness

Note: Projects and practical work related to the paper should include preparation of case study, assessment in counseling, supervised training including role-play and self-development workshops.

Reading List:

Feltham, C and Horton, I. (2000). *Handbook of Counseling and Psychotherapy*. London: Sage .

Gibson, R.L. and Mitchell, M.H. (2003). *Introduction to Counseling and Guidance* (6th Ed.). New Delhi: Pearson India.

Gladding, S.T. (2009). *Counselling: A comprehensive profession*(6th Ed.). New Delhi: Pearson India.

Misra, G. (Ed) (2010). *Psychology in India, Volume 3: Clinical and Health Psychology*. New Delhi: Pearson India.

Rao, S. (2002). *Counselling and Guidance* (2nd Ed.). New Delhi: McGraw Hill.

Paper 20: Project /Field Report/ Human Resource Management/ Psychology of Health and Well-Being

Project

- American Psychological Association (APA) – Publication Manual 2006 to be followed for project writing
- Format and Distribution of marks.

Marks

- ☞ **Abstract** – 150 words including problem, method & results.
- ☞ **Introduction** – Theoretical consideration, review, present study, objectives and hypotheses.
- ☞ **Method** – Design, Sample, Measures, Procedure
- ☞ **Results**
 - Quantitative analysis of group data
(Raw data should not be attached in Appendix)
 - Graphical representation of data wherever required.
 - Qualitative analysis wherever done should indicate the method of qualitative analysis.
- ☞ **Discussion**
- ☞ **References (APA Style) & Appendix**

- Project should be in Soft binding. It should be typed in 1.5 spacing on both sides of the paper. Total text should not exceed 50 pages (References & Appendices extra).
- Date of submission of projects to be announced towards the end of semester
- Project should be prepared in the form of research paper to be published in a reputed scientific journal.
- Four copies of the project along with one CD should be submitted to the College.

Evaluation Scheme

Viva
Project Report

***Viva for any paper should be conducted jointly by one internal and one external examiner.**

Field Study (Report)

Evaluation Scheme

Viva
Record

Human Resource Management

UNIT 1:Introduction to Human Resource Management (HRM)

HRM and HRD, Context and issues in HRM

UNIT 2: Human Resource Practices

Job analysis; Recruitment and selection; Training; Performance evaluation

UNIT 3:International human resource management (IHRM)

The context of Globalization, Forms of IHRM/ Types of cross-national organizations (Domestic, International, Multinational, Global, Transnational), Role of culture in IHRM, Dimensions of Cultural difference (Hofstede).

UNIT 4: International human resource management (IHRM)

Policies and practices in the multinational enterprise. Selection for international assignees, Expatriate failure, Training: Development of a global mind set, Cross-cultural training; Well-being of the global work force

Reading List:

Bhatnagar, J. & Budhwar, J.(2009). *The changing face of people management in India*. London: Routledge.

Briscoe, D. R., Schuler, R. S. & Claus, L. (2009). *International human resource management: Policies and practices for multinational enterprises(3rd Ed)*. New York: Routledge.

DeCenzo,D.A.& Robbins, S.P.(2006). *Fundamentals of human resource management*. (8th Ed). NY: Wiley.

Harzing,A-W.K. and Pennington, A. (2011). *International human resource management*. New Delhi: Sage publications.

Khandelwal, K.A. (2009). *In search of Indianness: Cultures of Multinationals*. New Delhi: Kanishka Publishers.

Psychology of Health and Well-Being

UNIT 1:

Introduction to Health Psychology: components of health as social, emotional, cognitive and physical aspects, relationship between health and psychology, mind and body relationship, goals of health psychology

UNIT 2: Well-Being: components of well-being for e.g., life satisfaction, affect

UNIT 3: Managing stress, illness and pain: causes, consequences and interventions

UNIT 4: Health enhancing behaviors: Implications for well-being: psychological factors as resilience, hope, optimism, positive self; Physical factors as exercise, safety, nutrition etc.

Reading List:

Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*.UK: Routledge.

DiMatteo, M.R. and Martin, L.R.(2002). *Health psychology*. New Delhi: Pearson.

Misra,G.(1999).*Stress and Health*. New Delhi: Concept.

Sarafino, E.P. (2002). *Health psychology: Bio psychosocial interactions*(4th Ed.).NY: Wiley.

Snyder, C.R., & Lopez,S.J.(2007).*Positive psychology :The scientific and practical explorations of human strengths*. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). *Health Psychology* (6th Ed.). New York: Tata McGraw Hill.

Paper 21

Concurrent – Discipline Centred II