



UNIVERSITY OF DELHI
GYAONDAYA- V
“DHAROHAR- THE GLORY OF NORTH EAST”

Important Instructions for travelers on Gyanodaya V

Each student/ mentor is required to carry **(on his /her own)** the following items **(apart from other essential items)** on the trip to **Gyanodaya- V** to North East.

1. Warm Clothes
2. Shoes fit for walking, slippers & socks (preferably woolen)
3. Hand Gloves
4. Woolen Cap/ Muffler, Winter Inner Wear/Thermals
5. Towels
6. Personal Items of Daily use
7. Umbrella/ Rain Coat & Wind Cheater
8. Small Torch (Preferably Rechargeable)
9. Medicines that you normally require specifically (if any) and General medicines. If you are allergic to any medicines or food you must take necessary precautions at your end and inform your Mentor/Group In-charge. **YOU MUST KNOW YOUR BLOOD GROUP**
10. Mobile Phone with Sim-Card preferably Airtel/ MTNL Post-paid Connection
11. Mosquito Repellent
12. Ready to eat packed food/snacks for emergency. You must not eat any open food that is not provided by the service-provider
13. Identity Card issued by the College/University

* Please note that bed roll will be provided by IRCTC in the train only (Two bed sheets, one pillow and one blanket). There will be no provision of any blanket during the travel by bus or small vehicles. Everyone is advised to carry their own arrangement keeping in mind the winter conditions for such travel.

* All are advised to follow the website at regular intervals for any update/ information.

Member Secretary, Gyanodaya- V