

Action taken Report on 3rd International Yoga Day (21.06.2017)

Shyam Lal College (M) celebrated third International Yoga Day on June 21, 2017. This year in 2017 the 10 days long yoga camp from 12.06.2017 to 21.06.2017 was organized in the College itself with NCC & other students of the College. The College also celebrated International Yoga Day on 21st June 2017 with huge participation and support from the teachers, non-teaching staff and the students. SLC also organized a lecture on International Yoga Day with Prof. Sushma Yadav from University Grants Commission as the Keynote Speaker and Dr. Shalini Yadav an eminent Journalist as the Guest of Honour on understanding the importance and relevance of Yoga in the modern lifestyles based on materialistic values. It is pertinent to mention the following schedule was adhered to by the College for celebrating the event “**INTERNATIONAL YOGA DAY**” i.e. June 21, 2017:-

INTERNATIONAL YOGA DAY 21ST JUNE, 2017 (WEDNESDAY)

SCHEDULE

- 7.00 A.M. – 7.15 A.M. - Welcome of the Chief Guest
- 7.15 A.M. – 8.00 A.M. - Yogasanas, Pranayam & Meditation
- 8.00 A.M. – 8.15 A.M. - Address by the Chief Guest
- 8.15 A.M. – 8.20 A.M. - Vote of Thanks by Principal
- 8.20 A.M. - National Anthem

The event concluded with light refreshment and a cleanliness drive was organized and carried out by students and staff. The details and photographs of the event are uploaded on the SLC website for further reference.

(Dr. Rabi Narayan Kar)
Principal