

Celebration of 3rd International Day of Yoga in Dept. of Persian

Combined session of Yoga has been organised by the Department of Persian & Urdu on the occasion of 3rd International Day of Yoga. Prof. Aleem Ashraf Khan, Head Department of Persian & faculty members of Persian & Urdu teach the benefits of Yoga in our daily life to the students & participants. Some scholars also discuss on the importance of Yoga. After that a session of yoga is also organized.





