




## Faculty Details proforma for DU Web-site

Title	Dr.	First Name	Suneet	Last Name	Varma	Photograph
Designation		Associate Professor				
Address		C-204, Unesco Apartments 55, I.P. Extension Delhi – 110092				
Phone No Office		27666285, Ext: 30				
Residence		22247293				
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Web-Page		---				
<b>Educational Qualifications</b>						
Degree		Institution			Year	
All India Senior School Examination (10 <sup>th</sup> )		Central Board of Secondary Education			1980	
Pre-Engineering (12th)		Punjab University			1983	
B. A. (H) Psychology		University of Delhi			1987	
M. A. Applied Psychology		University of Delhi (South Campus)			1991	
NET & JRF		University Grants Commission			1992	
<b>Career Profile</b>						
2003 to Date: Associate Professor, University of Delhi 2000-2003: Senior Lecturer, University of Delhi 1994-1996: Lecturer (Ad-Hoc), Department of Applied Psychology, University of Delhi 1994: Lecturer (Temp.-2 months), Bhopal University						
<b>Administrative Assignments</b>						
1996-2003: Secretary, Department Council, University of Delhi 2005-2006: Member, Board of Research Studies, University of Delhi 2005-2007: Member, Committee of Courses, University of Delhi 2010-2014: Secretary, Departmental Research Committee, University of Delhi 2010-2015 : Seminar-In-Charge, Department of Psychology, University of Delhi 2017- : Member, Departmental Research Committee, University of Delhi						

Areas of Interest / Specialization				
Indian Psychology; Emotions; Counseling Psychology; Personal Growth and Well-Being; Current Issues and Controversies in Research Methods, Culturally Appropriate Psychology; Philosophy of Psychology				
Subjects Taught				
Paper 107: Paradigms of Psychology Paper 209: Evolution of Indian Psychology Paper 210: Counseling Psychology and Personal Growth Paper 301: Indian Psychology and its Applications Paper 314: Paradigms in Counseling Psychology				
Time table of the subjects taught during the current semester				
S.No.	Subject	Days	Time	Classroom
1	Paper 107: Paradigms of Psychology	Friday	11:00 am – 12:50 pm	109
2.	Practicum 114:Paradigms in Psychology, Group-I	Thursday	3:20 – 5:10 pm	106
3.	Paper 310: Psychoanalytic Psychology	Wednesday	9:55 - 10:50 am	108
4.	Practicum 325:Psychoanalytic Psychology, Group -II	Monday	3:20 – 5:10 pm	108
5.	Paper 314: Paradigms in Counseling Psychology	Wednesday	1:30 – 3:20 pm	109
6.	Practicum 329: Paradigms in Counseling Psychology, Group-I	Friday	3:20 – 5:10 pm	106
7.	Paper 301: Indian Psychology and its Applications	Thursday	11:00 am – 12:50 pm	109
8.	Practicum 316:Indian Psychology and its Applications, Group-I	Wednesday	3:20 – 5:10 pm	106
Research Guidance				
<b><u>M. Phil. (Awarded):</u></b>				
1. University as a Learning Organization: A Psycho-Diagnostic Investigation—Devesh Nath Tripathi. Scientist C, Defense Institute of Psychological Research, Delhi				
2. Psychological Effects of Emotional Abuse: An Exploratory Study - Shriti Saran, Assistant Professor, Amity University, Noida (U.P.).				
3. Reconstructing Childhood in the Indian Context: A Qualitative Study - Shefali Mishra, Assistant Professor, Jesus and Mary College, New Delhi				
<b><u>Ph. D. (Awarded):</u></b>				
1. Psyche under Siege: A Study of Survivors of Domestic Violence - Fareha Fazl., Assistant Professor, Jazan University, Jazan, Saudi Arabia.				
2. Cultural Construction of Parenting: The Indian Experience – Neeti Sachdeva				

Assistant Professor, Jesus and Mary College, New Delhi

3. Role of Self Construal and Context in Value Preferences among Adolescents -Devesh Nath Tripathi, Scientist 'C', Defence Institute of Psychological Research, Delhi.

4. Human Experiences, Social Conditions and Creative Writing: A Dialectical Study - Shilpi Kukreja.

5. Sri Aurobindo's Theory of Human Development: A Metaphysical Study - Monica Gupta, Associate Professor, Gargi College, New Delhi.

6. Synthesis of Psychology in the Upanishads - Sang Lim Shin

7. Re-orienting Environmental Education: A Study Involving Indigenous Values and Practices - Shefali Mishra, Assistant Professor, Jesus and Mary College, New Delhi.

#### Publications Profile

##### **Journal Articles:**

Varma S. (2014). Bhakti, unconditional love, and psychological healing. *Muses Love Journal*, Vol. 13. International Institute of Peace Studies and Global Philosophy. Aberdeen: Scotland.

Varma S. (2009). Bhakti and well-being: A psychologist's perspective. *Sutra*, 2(1), 36-43.

Varma, S. (2002). The farther reaches of a new psychology. *Psychological Studies*, 47, 70-86.

Kundan & Varma, S. (1999). Postmodernism and beyond: A meeting of East and West. *Indian Psychological Review*, 52-53, 58-72.

Varma, S. (1995). Social constructionism: An alternative paradigm for psychology. *Indian Journal of Social Science*, 8, 35-58.

##### **Books:**

Varma, S (Ed.)(in press). *Integral Psychology: Writings of Indra Sen*. Pondicherry: Sri Aurobindo Ashram Press.

Cornelissen, M., Misra, G. & Varma S. (Eds.)(2014). *Foundations and Applications of Indian Psychology*. New Delhi: Pearson.

##### **Book Chapters:**

Varma S. (2017). Non-violent ways of relating: Love, healing, and beyond. In W. Shukla [Ed.], *Annals of Hindi Studies*. New Delhi: JBS Publications India

Varma, S. (2013). Emotions and their transformation: An Indian Perspective. A. Choudary and B.K. Vinaychandra (Eds.) *Perspectives on Indian Psychology*. Bangalore: Jain University Press.

Varma, S. (2012). Sri Aurobindo's neo-Vedic synthesis for global harmony and peace: A new science of self, personality, and psychology. In B.L. Singh et al. (Eds.), *Global Harmony and Peace*. New Delhi: D.K. Printworld (P) Ltd. in collaboration with World Association for Vedic Studies, USA.

Varma, S. (2005). From the self to the Self: An exposition on personality based on the works of Sri Aurobindo. In K.R. Rao & S.M. Bhatt (Eds.), *Towards a Spiritual Psychology*. New Delhi: Samvad.

Varma, S. (2004). Psychology in India: Past trends and future possibilities. In K. Joshi & M. Cornellisen (Eds.), *Consciousness, Indian Psychology and Yoga*. Vol. XI, Part 3, (pp. 224-237). *History of Science, Philosophy and Culture in Indian Civilization*, General Editor D.P. Chattopadhyaya. New Delhi: Centre for Studies in Civilizations.

Misra, G., Srivastava, A., & Varma, S. (2003). Going beyond the model of economic man: An indigenous perspective on happiness. In N. K. Ambasth (Ed.), *Enterprising community education* (pp. 493-514). New Delhi: National School of Open Schooling.

Varma, S. (2002). Demystifying scientism in mainstream psychology. In G. Misra & A.K. Mohanty (Eds.), *Perspectives on Indigenous Psychology*, (pp. 37-66). New Delhi: Concept.

Misra, G., & Varma, S. (1999). Introduction: Perspectives on stress and health. In G. Misra (Ed.), *Stress*

and Health, New Delhi: Concept.

Singh, T., Tripathi, K.N., Varma, S. & Misra, R.C. (1999). Concepts of health in four systems of medicine: Some policy implications. In G. Misra (Ed.), *Stress and Health*, New Delhi: Concept.

**Book Reviews:**

Varma, S. (2003). Book Review: Kiran, S.K., *Psychology of Meditation* (2003). New Delhi: Concept Publishing Company. *Psychological Studies*, 48, 65-66.

Jain, U. & Varma, S. (1994). Book Review: Parangimalil, B.J. (1990). *Towards integral holism in psychology*, New Delhi: Inter-India Publications. *Indian Journal of Philosophy*, XII ,182-185.

**Publications in the Last one year**

Varma S. (2017). Non-violent ways of relating: Love, healing, and beyond. In W. Shukla (Ed.), *Annals of Hindi Studies*. New Delhi: JBS Publications India

**Conference Organization/ Presentations (in the last three years)**

Invited Lectures, California Institute of Integral Studies, San Francisco, USA, July 6-7, 2016. *Emotions and their transformation: An Indian Perspective*.

Invited Plenary Address, Integral Yoga Retreat, Greenville, SC, USA, June 22-26, 2016. *Music and Psychic Transformation*.

Invited Keynote Address, "9th International Congress for Psychotherapy/Asian Chapter", Tehran, Iran, May 18-20, 2016. *Spirituality and Psychotherapy*.

**Research Projects (Major Grants/Research Collaboration)**

**Awards and Distinctions**

“National Open Doctoral Fellowship” awarded by the Indian Council for Social Sciences Research, 1993-1994.

“Ashram Research Scholarship”. Sri Aurobindo Ashram, Pondicherry, 2002.

**Association With Professional Bodies**

Life Member of National Academy of Psychology (NAOP)

**Other Activities**

**Organized:**

International Seminar on —Indian Culture, Psychology, and the Global Civilization: Emerging Perspectives, March 22-25, 2013.

Workshop to commemorate ten years of Indian Psychology at University of Delhi titled —Indian Psychology: Theory and Applications, January 20-21, 2012.

National Conference on "Individual and Collective Transformation: Insights from Indian Psychology" during February 4-7, 2011.

Signature of Faculty Member