



## Faculty Details proforma for DU Web-site

Title	Dr	First Name	Priya	Last Name	Bir	Photograph
Designation		Associate Professor				
Address		909, GH-13 Paschim Vihar New Delhi 110087				
Phone No	Office	011-27752741. 011-27751317				
	Residence	011-25266780				
	Mobile	9899235500				
Email		pkb96du@gmail.com <a href="mailto:priyabir@rediffmail.com">priyabir@rediffmail.com</a>				
Web-Page						
Educational Qualifications						
Degree		Institution			Year	
Ph.D		University of Delhi			2006	
M.Phil		University of Delhi			1993	
M.A.		University of Delhi			1991	
B.A.(Hons)		Jesus and Mary College. University of Delhi			1989	
Career Profile						
I started my career as a teacher of Psychology in 1996 in University of Delhi.						
Administrative Assignments						
I have worked as a convener of various committees in the college. Have been a paper setter and evaluator at many important places.						
Areas of Interest / Specialization						
Gerontology, Positive Psychology, Organizational Behavior						
Subjects Taught						
All subjects in B.A(Program). Human Resource Management to M. CA. Human Resource Development and Organizational Behavior to MHROD. Guidance and Counselling to Adult Education department students. Community Psychology to M.A. Psychology students.						
Research Guidance						
Have been advisor to Ph.D students. Not independently guided as yet.						
Publications Profile						

## BOOK

- Chadha, N.K., Phulia, S.S., Bir, P., and Vyas, J.B . *Nirdeshan Va Paramarsh*. 1<sup>st</sup> ed. Friends Publications, India, 2008.

## CHAPTERS IN BOOKS

- Bir,P.(2013) .Thinking, Creativity and Language in Chadha,N.K. and Seth,S. (Eds).*The Psychological Realm- An Introduction*. Pinnacle Learning. pp430-470. 1<sup>st</sup> Ed.ISBN:978-81-9222-84-4-0
- Bir,P.(2013) . Memory and Forgetting in in Chadha,N.K. and Seth,S. (Eds).*The Psychological Realm- An Introduction*. Pinnacle Learning . pp380-429.1<sup>st</sup> Ed.ISBN:978-81-9222-84-4-0.
- Bir,P. (2012). Learning about the Self, in Chadha,N.K. (Ed). *Social Psychology*. Macmillan, India. pp57-84. 1<sup>st</sup> Ed. ISBN: 978-9350-59191-8

## LIST OF PUBLICATIONS

- Bir,P. (2014).Application of positive psychology to gerontology. *Journal of Positive Psychology*. Volume3;No.1. p118-127.ISSN-2249-6254
- Chadha, N.K., Sharma, R., Bir, P., Garg, S (2013). Emotional intelligence, spiritual intelligence, leadership and burnout: interface with age. *International journal of stress management and allied sciences*. Vol. 2(1), 12-16. ISSN : 2278 - 7771
- Kanwara, P. and Chadha, N.K. (1998).Psycho-social determinants of Institutionalized elderly: an empirical study. *Indian Journal of Gerontology*, Vol 12 , Nos. 1 & 2
- Kanwara, P. & Chadha, N.K. (1997). Retirement and Aging: Leisure activities and health ailments. *Indian Journal of Gerontology*, Vol. 11, Nos. 1 & 2, 28-35.
- Chadha, N.K., Easwaramorthy, M. and Kanwara, P. (1993). Quality of life among aged. *Indian Journal of Psychology*, 68(1 & 2 ), 15-21.

## Conference Organization/ Presentations (in the last three years)

## PANELIST

- “Living with Schizophrenia” at National Conference on Mental Health: current perspectives, developments and technological advancements, held at AIIMS on October 10, 2014.
- “Happiness and Well being” at the 2<sup>nd</sup> National Conference of Indian Association of

Positive Psychology held at Maniben Nanavati Women's College, Mumbai held from December 6-8, 2014.

- "Child abuse, violence and mental health" at the Mental Health Conclave held at AIIMS on October 10, 2015.
- "Like a Phoenix: Resilience and Growth" at Positive Psychology symposium; From Stumbling Steps to Confident Leaps: Harnessing the Power of Positive Psychology at Lady Shri Ram College, University of Delhi on February 20, 2016.

#### **PAPERS PRESENTED IN INTERNATIONAL CONFERENCES**

- "Application of positive psychology to gerontology" Presented at International Congress of Psychology, Cape Town, South Africa held from July 22<sup>nd</sup> to 27<sup>th</sup>, 2012.
- "Career and Indian workforce" Presented at International Congress of Psychology, Cape Town, South Africa held from July 22<sup>nd</sup> to 27<sup>th</sup>, 2012.
- "Physical and psychological profile of the elderly and their coping strategies" Presented at International Congress of Psychology, Cape Town, South Africa held from July 22<sup>nd</sup> to 27<sup>th</sup>, 2012.
- "Stressless strategies for perfectionist women". Presented at International Congress of Applied Psychology held at Paris, France from July 8<sup>th</sup> to 13<sup>th</sup>, 2014
- Convened a symposium on well being entitled "An enigma called well being" and also presented a paper entitled the same in the symposium at the International Congress of Applied Psychology held from July 8<sup>th</sup> to 13<sup>th</sup>, 2014 at Paris, France.
- "Positive thinking; a panacea for all stress related problems". Presented at the 1<sup>st</sup> international and 3<sup>rd</sup> Indian Psychological Science Congress at Chandigarh, India from February 24-25, 2014.
- "Stress management among students during board examinations". Presented at the International Conference on stress: health, society and technology organized by IISMAAS, JNU, Delhi from April 20-21, 2015.

### **PAPERS PRESENTED AT NATIONAL/REGIONAL CONFERENCES**

- “Career counseling in India” in the International Conference; The Colours of Career Development held at Manav Rachna International University from March 27-29, 2013.
- “Child and adolescent mental health: current status in India” in the 1<sup>st</sup> National Conference on Mental Health: Current Perspectives, Developments and Technological Advancements held at AIIMS, New Delhi on October 10, 2014.
- “Psychology of the non-resident Indian” in National conference on “pravaasi saahitya prasang” held at Aditi Mahavidyalaya, University of Delhi on January 25, 2016.

### **WORKSHOPS/ SEMINARS/ CONFERENCES CONDUCTED / ORGANIZED**

- Member, Organizing Committee in International Conference, The Colours of Career Development organized by ICDA at Manav Rachna International University between March 27-29, 2013.
- Conducted workshops on soft skills at Jagat Institute of Management Studies, Vasant Kunj for their BBA students on communication skills, conflict management, motivation and goal setting in Aug 2012 and April 2013.
- Conducted workshop on Conflict Management for undergraduate students of Aurobindo College (E) on Sept 13, 2013.
- Conducted a workshop on Communication Skills for scientists and PhD students of the Division of Floriculture and Landscaping, Indian Agriculture Research Institute on July 27, 2013 and Aug 8, 2013.
- Conducted a workshop on “Building a positive self through communication” at the 2<sup>nd</sup> National Conference of Indian Association of Positive Psychology held at Maniben Nanavati Women’s College, Mumbai held from December 6-8, 2014.
- Conducted a workshop for graduate and post graduate students of Organic farming on Presentation skills and effective communication in agriculture extension at National Centre of Organic Farming, Ghaziabad on December 10, 2015.
- Conducted a workshop on Mental health and quality of life for under graduate students of different colleges of University of Delhi in Workshop on Youth Development for scheduled caste youth at Aditi Mahavidyalaya, University of Delhi in collaboration with Rajiv Gandhi national institute of Youth Development on March 1, 2016

### **Research Projects (Major Grants/Research Collaboration)**

None

#### Awards and Distinctions

- Topped in XII std in Psychology in All India Senior Secondary Certificate Examination in 1986.
- Topped in MA (previous) and was awarded at the annual day function of Indraprastha College, University of Delhi by the Chief Guest, Ustaaad Amzad Ali Khan in 1990.
- Topped in MA (final) and was awarded at the annual day function of Indraprastha College by the Chief Guest, Prof. U. Bakshi, Vice Chancellor, University of Delhi in 1991.

#### Association With Professional Bodies

##### **MEMBERSHIP OF PROFESSIONAL BODIES**

- Vice President, Indian Association of Positive Psychology.
- Life member, India Career Development Association.
- Member, American Psychological Association (APA).
- Member, international Association of Applied Psychology (IAPP).

#### Other Activities

- Examiner and Paper setter for various prestigious institutions.
- Ability to be multidisciplinary. Taught students from diverse backgrounds like mathematics, social work, human resource and organizational development, computer applications etc.
- Soft skills trainer.
- Course content coordinator for modules on Personality Development at Institute of Lifelong Learning. University of Delhi.
- Convener of Organizational Behavior and Community Psychology papers in e-pathshala, a prestigious project on e-learning at post graduate level introduced by ministry of Human Resource Development.
- External expert in selection committees for JRF under PhD program in organizations like Defence research and Development Organization.

## MISCELLANEOUS

- Invited as judge to assess the performance of debaters in an English competition at Apeejay School, Pitampura in August 2007.
- Invited to judge debate on “Today’s youth is more focused” at the 16<sup>th</sup> Annual Fr. Peter Mermier Inter-School debate competition at St. Francis de Sales Senior Secondary School in September 2008.
- Won certificate of excellence for outstanding creativity in sharing mango memories during a share and win contest held by the Mother Dairy Safal chain in June 2013.
- Board member, Departmental Staff Selection Committee, Khadi and Village Industries Commission.
- Board member, Delhi Subordinate Staff Selection Board
- Invited expert speaker at **All India Radio**. Gave a talk on
  - “Stress management for students during examinations” in March,2014.
  - “Careers in psychology” in October,2014
  - “Manovigyan ke shetra mein rozgaar ki sambhaavnaayen”in November,2014
- Expert on Doordarshan National channel in a live, phone-in program on preparation for competitive exams on April 4, 2016.
- Psychological interventions for XI std pass-outs this year in phone-in program, “Good evening India” on Doordarshan’s National Channel on May 23, 2016.